

Montag , 26.08

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Zumba
Mirjam

19:00 - 19:55

Pump
Maja

Dienstag , 27.08

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

19:30 - 20:25

Yoga
Agnes

Mittwoch , 28.08

18:00 - 18:55

Functional Workout
Sally

Donnerstag , 29.08

09:10 - 10:05

Pilates
Sally

Freitag , 30.08

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

18:00 - 18:55

Pilates
Sally

Samstag , 31.08

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Sonntag , 01.09