

Montag , 05.02

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Zumba
Maja

19:00 - 19:55

Pump
Maja

Dienstag , 06.02

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

19:30 - 20:25

Yoga
Isabel

Mittwoch , 07.02

18:00 - 18:55

Functional Workout
Sally

Donnerstag , 08.02

09:10 - 10:05

Pilates
Sally

18:30 - 19:25

Pump
Maja

Freitag , 09.02

18:00 - 18:55

Pilates
Sally

Samstag , 10.02

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

Sonntag , 11.02