

Montag , 01.01

Dienstag , 02.01

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

19:30 - 20:25

Yoga
Agnes

Mittwoch , 03.01

18:00 - 18:55

Functional Workout
Sally

Donnerstag , 04.01

09:10 - 10:05

Pilates
Sally

18:30 - 19:25

Pump
Simona

Freitag , 05.01

18:00 - 18:55

Pilates
Sally

Samstag , 06.01

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Sonntag , 07.01