

**Montag , 13.11**

**09:10 - 10:05**

*Pump*  
Sally

**18:00 - 18:55**

*Zumba*  
Elena

**19:00 - 19:55**

*Pump*  
Maja

**Dienstag , 14.11**

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sally

**18:15 - 19:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sally

**19:30 - 20:25**

*Yoga*  
Katrin

**Mittwoch , 15.11**

**18:00 - 18:55**

*Functional Workout*  
Sally

**Donnerstag , 16.11**

**09:10 - 10:05**

*Pilates*  
Sally

**18:30 - 19:25**

*Pump*  
Maja

**Freitag , 17.11**

**09:10 - 10:05**

*Zumba*  
Elena

**18:00 - 18:55**

*Pilates*  
Sally

**Samstag , 18.11**

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

**Sonntag , 19.11**