

### Montag , 09.10

**09:10 - 10:05**

*Pump*  
Sally

**18:00 - 18:55**

*Zumba*  
Maja

**18:00 - 18:55**

*Pump*  
Maja

### Dienstag , 10.10

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sally

**18:15 - 19:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Maja

**19:30 - 20:25**

*Yoga*  
Agnes

### Mittwoch , 11.10

**18:00 - 18:55**

*Functional Workout*  
Sally

### Donnerstag , 12.10

**09:10 - 10:05**

*Pilates*  
Sally

**18:30 - 19:25**

*Pump*  
Maja

### Freitag , 13.10

**18:00 - 18:55**

*Pilates*  
Sally

### Samstag , 14.10

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

### Sonntag , 15.10