

Montag , 02.10

Dienstag , 03.10

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

19:30 - 20:25

Yoga
Agnes

Mittwoch , 04.10

18:00 - 18:55

Functional Workout
Sally

Donnerstag , 05.10

09:10 - 10:05

Pilates
Sally

18:30 - 19:25

Pump
Maja

Freitag , 06.10

18:00 - 18:55

Pilates
Sally

Samstag , 07.10

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Sonntag , 08.10