

### Montag , 25.09

**09:10 - 10:05**

*Pump*  
Sally

**18:00 - 18:55**

*Zumba*  
Mirjam

### Dienstag , 26.09

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sally

**18:15 - 19:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sally

### Mittwoch , 27.09

**18:00 - 18:55**

*Functional Workout*  
Sally

### Donnerstag , 28.09

**09:10 - 10:05**

*Pilates*  
Sally

**18:30 - 19:25**

*Pump*  
Sally

### Freitag , 29.09

**18:00 - 18:55**

*Pilates*  
Sally

### Samstag , 30.09

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

### Sonntag , 01.10