

Montag , 17.07

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Zumba
Mirjam

19:00 - 19:55

Pump
Sally

Dienstag , 18.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

19:30 - 20:25

Yoga
Katrin

Mittwoch , 19.07

18:30 - 19:25

Pump
Sally

Donnerstag , 20.07

09:10 - 10:05

Pilates
Sally

18:30 - 19:25

Functional Workout
Sally

Freitag , 21.07

18:00 - 18:55

Pilates
Sally

Samstag , 22.07

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Sonntag , 23.07