

Montag , 09.01

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Pump
Maja

Dienstag , 10.01

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Doris

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

19:30 - 20:25

Yoga
Isabel

Mittwoch , 11.01

18:30 - 19:25

Pump
Maja

Donnerstag , 12.01

09:10 - 10:05

Pilates
Sally

18:00 - 18:55

Zumba
Mirjam

19:15 - 20:10

Functional Workout
Sally

Freitag , 13.01

09:10 - 10:05

Zumba
Simone

18:00 - 18:55

Pilates
Sally

Samstag , 14.01

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Sonntag , 15.01