

### Montag , 26.12

#### **18:00 - 18:55**

*Pump*  
Maja

### Dienstag , 27.12

#### **09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Doris

#### **18:15 - 19:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sally

#### **19:30 - 20:25**

*Yoga*  
Katrin

### Mittwoch , 28.12

#### **18:30 - 19:25**

*Pump*  
Sally

### Donnerstag , 29.12

#### **09:10 - 10:05**

*Pilates*  
Sally

#### **18:00 - 18:55**

*Zumba*  
Mirjam

#### **19:15 - 20:10**

*Functional Workout*  
Sally

### Freitag , 30.12

#### **09:10 - 10:05**

*Zumba*  
Simone

#### **18:00 - 18:55**

*Pilates*  
Sally

### Samstag , 31.12

#### **10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

### Sonntag , 01.01