

### Montag , 19.12

**09:10 - 10:05**

*Pump*  
Sally

**19:00 - 19:55**

*Pump*  
Maja

### Dienstag , 20.12

**18:15 - 19:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Maja

**19:30 - 20:25**

*Yoga*  
Isabel

### Mittwoch , 21.12

**18:30 - 19:25**

*Pump*  
Sally

### Donnerstag , 22.12

**09:10 - 10:05**

*Pilates*  
Sally

**18:00 - 18:55**

*Zumba*  
Mirjam

**19:15 - 20:10**

*Functional Workout*  
Sally

### Freitag , 23.12

**09:10 - 10:05**

*Zumba*  
Simone

**18:00 - 18:55**

*Pilates*  
Sally

### Samstag , 24.12

### Sonntag , 25.12