

Montag , 14.11

09:10 - 10:05

Pump
Simona

18:00 - 18:55

Pump
Maja

19:15 - 20:10

Yoga
Reto

Dienstag , 15.11

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Doris

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

Mittwoch , 16.11

18:30 - 19:25

Pump
Maja

Donnerstag , 17.11

18:00 - 18:55

Zumba
Mirjam

19:15 - 20:10

Functional Workout
Dario

Freitag , 18.11

09:10 - 10:05

Zumba
Simone

18:00 - 18:55

Pilates
Randall

Samstag , 19.11

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Atilla

Sonntag , 20.11