

Montag , 31.10

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Pump
Maja

Dienstag , 01.11

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Doris

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

Mittwoch , 02.11

18:30 - 19:25

Pump
Maja

Donnerstag , 03.11

09:10 - 10:05

Pilates
Denise

18:00 - 18:55

Zumba
Mirjam

19:15 - 20:10

Functional Workout
Dario

Freitag , 04.11

09:10 - 10:05

Zumba
Simone

18:00 - 18:55

Pilates
Randall

Samstag , 05.11

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Sonntag , 06.11