

Montag , 01.08

Dienstag , 02.08

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Maja

Mittwoch , 03.08

**18:30 - 19:25**

*Pump*  
Maja

Donnerstag , 04.08

**09:10 - 10:05**

*Pilates*  
Sally

**18:00 - 18:55**

*Zumba*  
Mirjam

**19:15 - 20:10**

*Functional Workout*  
Sally

Freitag , 05.08

**09:10 - 10:05**

*Zumba*  
Simone

**18:00 - 18:55**

*Pilates*  
Sally

Samstag , 06.08

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

Sonntag , 07.08