

Montag , 28.04

08:50 - 09:45 <i>Pump</i> Andrea	09:55 - 10:50 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sarah	18:00 - 18:55 <i>Upcon</i> Céline H.	19:10 - 20:05 <i>Yoga Strength&Flow</i> Nadia
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Dienstag , 29.04

10:00 - 10:55 <i>Pilates</i> Joanna	18:00 - 18:55 <i>Pump</i> Ruth	19:10 - 20:05 <i>Fitboxe</i> Sarah
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Mittwoch , 30.04

12:15 - 13:10 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Nadia	18:30 - 19:25 <i>Kick Power</i> Rebecca
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Donnerstag , 01.05

17:30 - 18:25 <i>Zumba</i> Josephine	18:45 - 19:40 <i>Power Yoga</i> Bruno
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Freitag , 02.05

09:00 - 09:55 <i>Pump</i> Asena	10:05 - 11:00 <i>Yoga</i> Pedro	12:15 - 12:45 <i>P.I.I.T</i> Rebecca
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Samstag , 03.05

09:00 - 09:55 <i>Pump</i> Asena	10:15 - 11:10 <i>Fitboxe</i> Sarah
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Sonntag , 04.05