

Montag , 07.04

08:50 - 09:45

Pump
Andrea

09:55 - 10:50

BBP (Bauch, Beine, Po) / Bodytone
Sarah

18:00 - 18:55

Upcon
Brigitte

19:10 - 20:05

Yoga Strength&Flow
Nadia

Dienstag , 08.04

10:00 - 10:55

Pilates
Beatriz

18:00 - 18:55

Pump
Ruth

19:10 - 20:05

Fitboxe
Rebecca

Mittwoch , 09.04

12:15 - 13:10

BBP (Bauch, Beine, Po) / Bodytone
Nadia

18:30 - 19:25

Kick Power
Sarah

Donnerstag , 10.04

17:30 - 18:25

Zumba
Josephine

18:45 - 19:40

Power Yoga
Pedro

Freitag , 11.04

09:00 - 09:55

Pump
Asena

10:05 - 11:00

Yoga
Pedro

12:15 - 12:45

P.I.I.T
Rebecca

Samstag , 12.04

09:00 - 09:55

Pump
Ruth

10:15 - 11:10

Fitboxe
Céline B.

Sonntag , 13.04