

Montag , 03.03

08:50 - 09:45

Pump
Andrea

09:55 - 10:50

BBP (Bauch, Beine, Po) / Bodytone
Sarah

18:00 - 18:55

Upcon
Céline H.

19:10 - 20:05

Yoga Strength&Flow
Carmen

Dienstag , 04.03

10:00 - 10:55

Pilates
Beatriz

18:00 - 18:55

Pump
Ruth

19:10 - 20:05

Fitboxe
Céline B.

Mittwoch , 05.03

12:15 - 13:10

BBP (Bauch, Beine, Po) / Bodytone
Nadia

18:30 - 19:25

Kick Power
Rebecca

Donnerstag , 06.03

17:30 - 18:25

Zumba
Josephine

18:45 - 19:40

Power Yoga
Bruno

Freitag , 07.03

09:00 - 09:55

Pump
Ruth

10:05 - 11:00

Yoga
Pedro

12:15 - 12:45

P.I.I.T
Rebecca

Samstag , 08.03

09:00 - 09:55

Pump
Ruth

10:15 - 11:10

Fitboxe
Céline B.

Sonntag , 09.03