

Montag , 30.12

08:50 - 09:45

Pump
Andrea

09:55 - 10:50

*BBP (Bauch, Beine,
Po) / Bodytone*
Nadia

18:00 - 18:55

Upcon
Céline H.

19:10 - 20:05

Yoga Strength&Flow
Nadia

Dienstag , 31.12

Mittwoch , 01.01

Donnerstag , 02.01

Freitag , 03.01

09:00 - 09:55

Pump
Asena

10:05 - 11:00

Yoga
Carmen

12:15 - 12:45

P.I.I.T
Rebecca

Samstag , 04.01

09:00 - 09:55

Pump
Ruth

10:15 - 11:10

Fitboxe
Team

Sonntag , 05.01