

Montag , 11.11

08:50 - 09:45 <i>Pump</i> Andrea	09:55 - 10:50 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Barbara	18:00 - 18:55 <i>Upcon</i> Brigitte	19:10 - 20:05 <i>Yoga Strength&Flow</i> Carmen
---	---	--	---

Dienstag , 12.11

10:00 - 10:55 <i>Pilates</i> Beatriz	18:00 - 18:55 <i>Pump</i> Ruth	19:10 - 20:05 <i>Fitboxe</i> Rebecca
---	---	---

Mittwoch , 13.11

09:30 - 10:25 <i>Functional Workout</i> Barbara	18:30 - 19:25 <i>Kick Power</i> Rebecca
--	--

Donnerstag , 14.11

17:30 - 18:25 <i>Zumba</i> Josephine	18:45 - 19:40 <i>Power Yoga</i> Bruno
---	--

Freitag , 15.11

09:00 - 09:55 <i>Pump</i> Asena	10:05 - 11:00 <i>Yoga</i> Pedro	12:15 - 12:45 <i>P.I.I.T</i> Rebecca
--	--	---

Samstag , 16.11

09:00 - 09:55 <i>Pump</i> Asena	10:15 - 11:10 <i>Fitboxe</i> Céline B.
--	---

Sonntag , 17.11