

Montag , 30.12

09:10 - 10:05 <i>BodyART International</i> Mirjam	12:15 - 13:10 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Monica	17:45 - 18:40 <i>Pump</i> Christian	18:50 - 19:45 <i>Bodycombat</i> Jeannine	20:00 - 20:55 <i>Bodybalance</i> Jacqueline
--	--	--	---	--

Dienstag , 31.12

12:15 - 13:10 <i>BodyART International</i> Mirjam
--

Mittwoch , 01.01

Donnerstag , 02.01

12:15 - 13:45 <i>Interval Training</i> Mirjam
--

Freitag , 03.01

09:10 - 10:10 <i>Toning</i> Jacqueline	10:20 - 11:15 <i>Pilates</i> Serena	12:15 - 13:10 <i>Bodycombat</i> Jacqueline	17:30 - 18:25 <i>Cycling</i> Adriano	18:40 - 19:35 <i>BodyART International</i> Mirjam
---	--	---	---	--

Samstag , 04.01

00:00 - 00:00 <i>Bodycombat</i> Jacqueline	09:30 - 10:25 <i>Pump</i> Jeannine	11:45 - 12:40 <i>Bodybalance</i> Jacqueline
---	---	--

Sonntag , 05.01

11:30 - 12:25 <i>Interval Training</i> Mirjam	12:30 - 13:00 <i>Bauch Express</i> Mirjam
--	--