

Montag , 23.12

09:10 - 10:05

*BodyART
International*
Mirjam

12:15 - 13:10

*BBP (Bauch, Beine,
Po) / Bodytone*
Monica

17:45 - 18:40

Pump
Christian

18:50 - 19:45

Bodycombat
Natascha

20:00 - 20:55

Bodybalance
Jacqueline

Dienstag , 24.12

12:15 - 13:10

BodyART International
Mirjam

Mittwoch , 25.12

Donnerstag , 26.12

12:15 - 13:10

BodyART International
Mirjam

Freitag , 27.12

09:10 - 10:05

Toning
Jacqueline

10:20 - 11:15

Pilates
Serena

12:15 - 13:10

Bodycombat
Jacqueline

17:30 - 18:25

Cycling
Adriano

18:40 - 19:35

*BodyART
International*
Mirjam

Samstag , 28.12

09:30 - 10:25

Pump
Livia

10:35 - 11:30

Bodycombat
Jacqueline

11:45 - 12:40

Bodybalance
Jacqueline

Sonntag , 29.12

11:30 - 12:25

Interval Training
Mirjam

12:30 - 13:00

Bauch Express
Mirjam