

### Montag , 21.04

**10:30 - 11:25**

*Interval Training*  
Asena

**11:30 - 12:00**

*Bauch Express*  
Asena

### Dienstag , 22.04

**12:15 - 12:45**

*P.I.I.T*  
Monica

**17:25 - 18:20**

*TRX*  
Chantale

**18:30 - 19:25**

*Power Yoga*  
Pedro

### Mittwoch , 23.04

**12:15 - 13:00**

*TRX*  
Luca

**16:50 - 17:45**

*Pump*  
Andrea

**18:00 - 18:55**

*Pilates*  
Beatriz

**19:10 - 20:05**

*BodyCROSS*  
Fabienne

### Donnerstag , 24.04

**12:15 - 12:45**

*Simply Core*  
Asena

**17:30 - 18:25**

*TRX*  
Monica

**18:40 - 19:35**

*Zumba*  
Daniela

### Freitag , 25.04

**12:15 - 13:10**

*Fitboxe*  
Maddalena

**17:30 - 18:25**

*Yoga*  
Pedro

### Samstag , 26.04

### Sonntag , 27.04