

Montag , 30.09

09:00 - 09:55

Pilates
Beatriz

12:15 - 12:45

P.I.I.T
Céline B.

17:50 - 18:45

Fitboxe
Céline B.

19:00 - 19:55

Zumba
Andrea

Dienstag , 01.10

12:15 - 12:45

P.I.I.T
Céline H.

17:25 - 18:20

TRX
Luca

18:30 - 19:25

Power Yoga
Pedro

Mittwoch , 02.10

12:15 - 13:00

TRX
Luca

16:50 - 17:45

Pump
Ruth

18:00 - 18:55

Pilates
Beatriz

Donnerstag , 03.10

12:15 - 12:45

Simply Core
Céline H.

17:30 - 18:25

TRX
Carmelina

18:40 - 19:35

Zumba
Eliane

Freitag , 04.10

12:15 - 13:10

Fitboxe
Maddalena

17:30 - 18:25

Yoga
Pedro

Samstag , 05.10

Sonntag , 06.10