

Montag , 20.05

Dienstag , 21.05

12:15 - 12:45

P.I.I.T

Céline H.

17:25 - 18:20

TRX

Carmelina

18:30 - 19:25

Power Yoga

Pedro

Mittwoch , 22.05

12:15 - 13:00

TRX

Luca

16:50 - 17:45

Pump

Andrea

18:00 - 18:55

Pilates

Beatriz

Donnerstag , 23.05

12:15 - 12:45

Simply Core

Aseña

17:30 - 18:25

TRX

Sibylle

18:40 - 19:35

*Dance Aerobic / Dance
Mix*

Beatriz

Freitag , 24.05

12:15 - 13:10

Fitboxe

Maddalena

17:30 - 18:25

Yoga

Pedro

Samstag , 25.05

Sonntag , 26.05