

Montag , 11.03

09:00 - 09:55

Pilates
Oxana

12:15 - 12:45

P.I.I.T
Céline B.

17:50 - 18:45

Fitboxe
Céline B.

19:00 - 19:55

Zumba
Andrea

Dienstag , 12.03

12:15 - 12:45

P.I.I.T
Céline H.

17:25 - 18:20

TRX
Carmelina

18:30 - 19:25

Power Yoga
Pedro

Mittwoch , 13.03

12:15 - 13:00

TRX
Luca

16:50 - 17:45

Pump
Andrea

18:00 - 18:55

Pilates
Beatriz

Donnerstag , 14.03

12:15 - 12:45

Simply Core
Asena

17:30 - 18:25

TRX
Sibylle

18:40 - 19:35

*Dance Aerobic / Dance
Mix*
Nadia

Freitag , 15.03

12:15 - 13:10

Fitboxe
Rebecca

17:30 - 18:25

Yoga
Pedro

Samstag , 16.03

Sonntag , 17.03