

Montag , 01.01

Dienstag , 02.01

Mittwoch , 03.01

**12:15 - 13:00**

*TRX*  
Luca

**16:45 - 17:40**

*Pump*  
Monica

**18:00 - 18:55**

*Pilates*  
Beatriz

Donnerstag , 04.01

**12:15 - 12:45**

*Simply Core*  
Asena

**17:30 - 18:25**

*TRX*  
Brigitte

**18:40 - 19:35**

*Dance Aerobic / Dance  
Mix*  
Monica

Freitag , 05.01

**12:15 - 13:10**

*Fitboxe*  
Maddalena

**17:30 - 18:25**

*Yoga*  
Pedro

Samstag , 06.01

Sonntag , 07.01