

Montag , 25.12

Dienstag , 26.12

Mittwoch , 27.12

**12:15 - 13:00**

*TRX*  
Luca

**16:45 - 17:40**

*Pump*  
Monica

**18:00 - 18:55**

*Pilates*  
Beatriz

Donnerstag , 28.12

**12:15 - 12:45**

*Simply Core*  
Asena

**17:30 - 18:25**

*TRX*  
Sibylle

**18:40 - 19:35**

*Dance Aerobic / Dance  
Mix*  
Monica

Freitag , 29.12

**12:15 - 13:10**

*Fitboxe*  
Maddalena

**17:30 - 18:25**

*Yoga*  
Pedro

Samstag , 30.12

Sonntag , 31.12