

### Montag , 30.10

**09:00 - 09:55**

*Pilates*  
Oxana

**12:15 - 12:45**

*P.I.I.T*  
Rebecca

**17:50 - 18:45**

*Fitboxe*  
Céline B.

**19:00 - 19:55**

*Zumba*  
Andrea

### Dienstag , 31.10

**12:15 - 12:45**

*P.I.I.T*  
Céline B.

**17:25 - 18:20**

*TRX*  
Chantale

**18:30 - 19:25**

*Power Yoga*  
Pedro

### Mittwoch , 01.11

**12:15 - 13:00**

*TRX*  
Luca

**18:00 - 18:55**

*Pilates*  
Beatriz

### Donnerstag , 02.11

**12:15 - 12:45**

*Simply Core*  
Asena

**17:30 - 18:25**

*TRX*  
Brigitte

**18:40 - 19:35**

*Dance Aerobic / Dance  
Mix*  
Monika

### Freitag , 03.11

**12:15 - 13:10**

*Fitboxe*  
Maddalena

**17:30 - 18:25**

*Yoga*  
Pedro

### Samstag , 04.11

### Sonntag , 05.11