

Montag , 09.10

09:00 - 09:55

Pilates
Lei Rae

12:15 - 12:45

P.I.I.T
Céline H.

17:50 - 18:45

Fitboxe
Sarah

19:00 - 19:55

Zumba
Andrea

Dienstag , 10.10

12:15 - 12:45

P.I.I.T
Céline H.

17:25 - 18:20

TRX
Sibylle

18:30 - 19:25

Power Yoga
Pedro

Mittwoch , 11.10

12:15 - 13:00

TRX
Luca

18:00 - 18:55

Pilates
Beatriz

Donnerstag , 12.10

12:15 - 12:45

Simply Core
Lea

17:30 - 18:25

TRX
Brigitte

18:40 - 19:35

*Dance Aerobic / Dance
Mix*
Monika

Freitag , 13.10

12:15 - 13:10

Fitboxe
Ruth

17:30 - 18:25

Yoga
Pedro

Samstag , 14.10

Sonntag , 15.10