

Montag , 08.05

09:30 - 10:25

Latin Dance
Segundo

18:30 - 19:00

P.I.I.T
Natasha

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

Dienstag , 09.05

18:00 - 18:55

Pilates
Natalie

19:00 - 19:55

Step
Bärbel

Mittwoch , 10.05

09:30 - 10:25

Pilates
Natalie

18:30 - 19:25

Core Training
Annette

Donnerstag , 11.05

Freitag , 12.05

09:30 - 10:25

Toning
Daniela

Samstag , 13.05

10:00 - 10:55

Pump
Natalie

Sonntag , 14.05