

Montag , 24.04

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Natalie

18:00 - 18:55

Kick Power
Natasha

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

Dienstag , 25.04

19:00 - 19:55

Step
Bärbel

Mittwoch , 26.04

18:00 - 18:55

Step
Annette

19:00 - 19:30

Core Training
Annette

Donnerstag , 27.04

Freitag , 28.04

09:10 - 10:05

Toning
Daniela

Samstag , 29.04

Sonntag , 30.04