

Montag , 03.04

09:10 - 10:05

Latin Dance
Segundo

18:00 - 18:55

Kick Power
Natasha

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

Dienstag , 04.04

19:00 - 19:55

Step Aerobic
Bärbel

Mittwoch , 05.04

18:00 - 18:55

Step
Annette

19:00 - 19:30

Core Training
Annette

Donnerstag , 06.04

Freitag , 07.04

Samstag , 08.04

Sonntag , 09.04