

Montag , 13.03

09:10 - 10:05

Latin Dance
Segundo

18:00 - 18:55

Kick Power
Natasha

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

Dienstag , 14.03

19:00 - 19:55

Step Aerobic
Bärbel

Mittwoch , 15.03

18:00 - 18:55

Step
Annette

19:00 - 19:30

Core Training
Annette

Donnerstag , 16.03

Freitag , 17.03

09:10 - 10:05

Toning
Daniela

Samstag , 18.03

Sonntag , 19.03