

Montag , 13.02

**18:00 - 18:55**

*Kick Power*  
Natasha

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Natasha

Dienstag , 14.02

**19:00 - 19:55**

*Step*  
Bärbel

Mittwoch , 15.02

**18:00 - 18:55**

*Step*  
Annette

**18:30 - 19:25**

*Core Training*  
Annette

Donnerstag , 16.02

Freitag , 17.02

Samstag , 18.02

Sonntag , 19.02