

**Montag , 30.01**

**09:10 - 10:05**

*Latin Dance*  
Segundo

**18:00 - 18:55**

*Kick Power*  
Natasha

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Natasha

**Dienstag , 31.01**

**19:00 - 19:55**

*Step Aerobic*  
Bärbel

**Mittwoch , 01.02**

**18:00 - 18:55**

*Step*  
Annette

**19:00 - 19:30**

*Core Training*  
Annette

**Donnerstag , 02.02**

**Freitag , 03.02**

**Samstag , 04.02**

**Sonntag , 05.02**