

Montag , 30.01

09:10 - 10:05

Latin Dance
Segundo

18:00 - 18:55

Kick Power
Natasha

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

Dienstag , 31.01

19:00 - 19:55

Step Aerobic
Bärbel

Mittwoch , 01.02

18:00 - 18:55

Step
Annette

19:00 - 19:30

Core Training
Annette

Donnerstag , 02.02

Freitag , 03.02

Samstag , 04.02

Sonntag , 05.02