

Montag , 23.01

09:10 - 10:05

Latin Dance
Segundo

18:00 - 18:55

Kick Power
Natasha

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

Dienstag , 24.01

19:00 - 19:55

Step Aerobic
Bärbel

Mittwoch , 25.01

18:00 - 18:55

Step
Annette

19:00 - 19:30

Core Training
Annette

Donnerstag , 26.01

Freitag , 27.01

Samstag , 28.01

Sonntag , 29.01