

Montag , 09.01

09:10 - 10:05

Latin Dance
Segundo

18:00 - 18:55

Kick Power
Natasha

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

Dienstag , 10.01

19:00 - 19:55

Step Aerobic
Bärbel

Mittwoch , 11.01

18:00 - 18:55

Step
Annette

19:00 - 19:30

Core Training
Annette

Donnerstag , 12.01

Freitag , 13.01

09:10 - 10:05

Toning
Daniela

Samstag , 14.01

Sonntag , 15.01