

**Montag , 31.10**

**09:10 - 10:05**

*Latin Dance*  
Segundo

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Annette

**Dienstag , 01.11**

**19:00 - 19:55**

*Step Aerobic*  
Bärbel

**Mittwoch , 02.11**

**09:10 - 10:05**

*Latin Dance*  
Segundo

**Donnerstag , 03.11**

**18:00 - 18:25**

*P.I.I.T*  
Annette

**18:30 - 19:00**

*Core Training*  
Annette

**Freitag , 04.11**

**09:10 - 10:05**

*Toning*  
Daniela

**Samstag , 05.11**

**Sonntag , 06.11**