

Montag , 17.10

09:10 - 10:05

Latin Dance
Segundo

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

Dienstag , 18.10

19:00 - 19:55

Step Aerobic
Bärbel

Mittwoch , 19.10

Donnerstag , 20.10

18:00 - 18:25

P.I.I.T
Bärbel

18:30 - 19:00

Core Training
Bärbel

Freitag , 21.10

09:10 - 10:05

Toning
Daniela

Samstag , 22.10

Sonntag , 23.10