

Montag , 03.10

09:10 - 10:05

Latin Dance
Team

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

Dienstag , 04.10

09:00 - 09:55

Toning
Daniela

19:00 - 19:55

Step Aerobic
Bärbel

Mittwoch , 05.10

09:10 - 10:05

Latin Dance
Segundo

Donnerstag , 06.10

18:00 - 18:25

P.I.I.T
Annette

18:30 - 19:00

Core Training
Annette

Freitag , 07.10

09:10 - 10:05

Toning
Daniela

Samstag , 08.10

Sonntag , 09.10