

Montag , 12.09

09:10 - 10:05

Latin Dance
Segundo

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Bärbel

Dienstag , 13.09

09:00 - 09:55

Toning
Daniela

19:00 - 19:55

Step Aerobic
Bärbel

Mittwoch , 14.09

09:10 - 10:05

Latin Dance
Segundo

Donnerstag , 15.09

08:00 - 08:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Bärbel

18:00 - 18:25

P.I.I.T
Annette

18:30 - 19:00

Core Training
Annette

Freitag , 16.09

Samstag , 17.09

Sonntag , 18.09