

**Montag , 05.09**

**09:10 - 10:05**

*Latin Dance*  
Segundo

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Natasha

**Dienstag , 06.09**

**09:00 - 09:55**

*Toning*  
Daniela

**19:00 - 19:55**

*Step Aerobic*  
Bärbel

**Mittwoch , 07.09**

**09:10 - 10:05**

*Latin Dance*  
Segundo

**Donnerstag , 08.09**

**08:00 - 08:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Daniela

**18:00 - 18:25**

*P.I.I.T*  
Annette

**18:30 - 19:00**

*Core Training*  
Annette

**Freitag , 09.09**

**Samstag , 10.09**

**Sonntag , 11.09**