

Montag , 23.12

12:15 - 13:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Cynthia

18:00 - 18:55

Yoga
Vera

19:05 - 20:00

Pump
Cristian

Dienstag , 24.12

12:15 - 13:10

Christmas Special
Isabelle

Mittwoch , 25.12

Donnerstag , 26.12

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne

Freitag , 27.12

12:15 - 13:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Naima

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Dina

Samstag , 28.12

10:00 - 11:30

Yoga Special
Fabienne

Sonntag , 29.12

10:00 - 11:30

*Special Kickpower meets
Functional*
Team