

Montag , 25.11

07:00 - 07:55

Yoga
Vivian

12:15 - 13:00

BBP (Bauch, Beine,
Po) / Bodytone
Dina

17:10 - 17:55

Functional Workout
Bianca

18:00 - 18:55

Yoga
Vera

19:05 - 20:00

Pump
Cristian

Dienstag , 26.11

12:15 - 12:45

P.I.I.T
Naima

18:00 - 18:55

Kick Power
Isabelle

19:00 - 19:55

Zumba
Deniz

Mittwoch , 27.11

12:15 - 13:00

BBP (Bauch, Beine,
Po) / Bodytone
Cynthia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine,
Po) / Bodytone
Saskia

19:15 - 20:10

Pump
Saskia

Donnerstag , 28.11

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Saskia

19:00 - 19:55

Yoga
Vera

Freitag , 29.11

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Naima

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Jady

Samstag , 30.11

Sonntag , 01.12

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Luana