

Montag , 14.10

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| 07:00 - 07:55 Yoga Anja | 12:15 - 13:00 BBP (Bauch, Beine, Po) / Bodytone Cynthia | 17:10 - 17:55 Functional Workout Melanie | 18:00 - 18:55 Yoga Olga | 19:05 - 20:00 Pump Cristian |
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Dienstag , 15.10

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| 12:15 - 12:45 P.I.I.T Naima | 18:00 - 18:55 Kick Power Isabelle | 19:00 - 19:55 Zumba Deniz |
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Mittwoch , 16.10

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| 12:15 - 13:00 Kick Power Isabelle | 17:15 - 18:10 Pilates Isabelle | 18:15 - 19:10 BBP (Bauch, Beine, Po) / Bodytone Saskia | 19:15 - 20:10 Pump Saskia |
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Donnerstag , 17.10

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| 18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Jacqueline |
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Freitag , 18.10

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| 12:15 - 13:00 BBP (Bauch, Beine, Po) / Bodytone Naima | 17:30 - 18:00 Simply Core Naima | 18:10 - 19:05 BBP (Bauch, Beine, Po) / Bodytone Naima |
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Samstag , 19.10

Sonntag , 20.10

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| 10:00 - 10:55 Kick Power Isabelle |
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