

### Montag , 06.01

**18:00 - 18:55**

*Kick Power*  
Nicole

**19:00 - 19:55**

*Pump*  
Alisha

### Dienstag , 07.01

**18:00 - 18:30**

*Simply Core*  
Linda

**18:30 - 19:00**

*P.I.I.T*  
Linda

**19:10 - 20:05**

*Yoga*  
Beatrice

### Mittwoch , 08.01

**09:00 - 09:55**

*Yoga*  
Monika

**18:00 - 18:55**

*Pump*  
Nicole

**19:00 - 19:55**

*Fitboxe*  
Andrej

### Donnerstag , 09.01

**19:00 - 19:55**

*Pilates*  
Nicola

### Freitag , 10.01

### Samstag , 11.01

### Sonntag , 12.01