

**Montag , 24.03**

<b>08:00 - 08:55</b> <i>Motion</i> Pia	<b>09:05 - 10:00</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Flavia	<b>17:30 - 18:25</b> <i>CrossFit</i> Lea	<b>18:30 - 19:25</b> <i>CrossFit</i> Lea	<b>18:30 - 19:25</b> <i>Zumba</i> Anja
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**Dienstag , 25.03**

<b>08:15 - 09:00</b> <i>TRX</i> Ruth	<b>09:00 - 10:00</b> <i>CrossFit</i> Julia	<b>09:05 - 10:00</b> <i>Cycling</i> Brigitte	<b>09:30 - 10:25</b> <i>Functional Workout</i> Ruth	<b>18:10 - 19:05</b> <i>Pump</i> Elena	<b>18:15 - 19:15</b> <i>CrossFit</i> Christian	<b>19:15 - 20:10</b> <i>Faszien-Training</i> Reni
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**Mittwoch , 26.03**

<b>09:00 - 09:55</b> <i>Zumba</i> Elena	<b>10:00 - 10:30</b> <i>Core Training</i> Flavia	<b>12:00 - 12:55</b> <i>Pump</i> Rebecca	<b>17:45 - 18:45</b> <i>CrossFit</i> Lea	<b>18:45 - 19:45</b> <i>CrossFit</i> Lea	<b>19:00 - 19:55</b> <i>Power Yoga</i> Rocio
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**Donnerstag , 27.03**

<b>09:00 - 09:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Flavia	<b>09:15 - 10:15</b> <i>CrossFit</i> Olivia	<b>10:15 - 11:15</b> <i>Motion</i> Oscarlita	<b>10:15 - 11:10</b> <i>Functional Workout</i> Flavia	<b>18:15 - 19:15</b> <i>CrossFit</i> Lea
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**Freitag , 28.03**

<b>08:00 - 08:55</b> <i>Faszien-Training</i> Reni	<b>09:00 - 09:55</b> <i>Yoga</i> Pia	<b>09:15 - 10:15</b> <i>CrossFit</i> Reni	<b>10:10 - 11:05</b> <i>Pump</i> Ruth	<b>18:00 - 19:00</b> <i>CrossFit</i> Jernej	<b>18:00 - 19:00</b> <i>CrossFit</i> Jernej
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**Samstag , 29.03**

<b>08:45 - 09:40</b> <i>Pilates</i> Olga	<b>09:15 - 10:15</b> <i>CrossFit</i> Team	<b>09:50 - 10:45</b> <i>Cycling</i> Erika	<b>10:15 - 11:15</b> <i>CrossFit</i> Team
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**Sonntag , 30.03**

<b>09:30 - 10:00</b> <i>Core Training</i> Team	<b>10:10 - 11:05</b> <i>Pump</i> Team	<b>10:15 - 11:15</b> <i>CrossFit</i> Team
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