

Montag , 20.05

Dienstag , 21.05

<b>08:15 - 09:00</b> TRX Ruth	<b>09:00 - 10:00</b> CrossFit Julia	<b>09:05 - 10:05</b> Cycling Brigitte	<b>09:30 - 10:25</b> Functional Workout Ruth	<b>17:45 - 18:45</b> CrossFit Christian	<b>18:10 - 19:05</b> Pump Elena	<b>18:45 - 19:45</b> CrossFit Pascal	<b>19:15 - 20:15</b> Faszien-Training Reni
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Mittwoch , 22.05

<b>09:00 - 09:55</b> Zumba Elena	<b>10:00 - 10:30</b> Core Training Sarah	<b>12:00 - 12:55</b> Pump Evelyne	<b>17:45 - 18:45</b> CrossFit Christian	<b>18:45 - 19:45</b> Functional Workout Lea	<b>19:00 - 20:00</b> Power Yoga Rocio
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Donnerstag , 23.05

<b>09:00 - 10:00</b> CrossFit Jenn	<b>09:00 - 10:00</b> BBP (Bauch, Beine, Po) / Bodytone Flavia	<b>10:15 - 11:10</b> Functional Workout Ruth	<b>10:15 - 11:15</b> Motion Oscarlita	<b>18:15 - 19:15</b> CrossFit Lea
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Freitag , 24.05

<b>08:00 - 08:55</b> Motion Reni	<b>09:00 - 10:00</b> CrossFit Julia	<b>09:00 - 09:55</b> Yoga Pia	<b>10:10 - 11:05</b> Pump Ruth	<b>18:00 - 19:00</b> CrossFit Jernej
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Samstag , 25.05

<b>08:45 - 09:40</b> Pilates Olga	<b>09:15 - 10:15</b> CrossFit Jenn	<b>09:50 - 10:45</b> Cycling Erika	<b>10:15 - 11:15</b> CrossFit Jenn
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Sonntag , 26.05

<b>09:30 - 10:00</b> Core Training Jasmin	<b>10:10 - 11:05</b> Pump Jasmin	<b>10:15 - 11:15</b> CrossFit Gerardo
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