

### Montag , 21.04

#### 10:00 - 12:00

*Cycling Special*  
 Simone

### Dienstag , 22.04

#### 08:30 - 09:25

*Pilates*  
 Veronika

#### 09:40 - 10:35

*Fit ab 60*  
 Veronika

#### 12:15 - 13:10

*Cycling*  
 Carlo

#### 18:00 - 18:55

*BBP (Bauch, Beine, Po) / Bodytone*  
 Veronika

#### 19:10 - 20:05

*BodyART*  
 Veronika

### Mittwoch , 23.04

#### 08:20 - 08:50

*Simply Core*  
 Melanie

#### 09:00 - 09:55

*Muscle Work*  
 Jenny

#### 10:10 - 11:05

*Sicher gehen*  
 Brigitte

#### 12:15 - 13:05

*BBP (Bauch, Beine, Po) / Bodytone*  
 Daniela

#### 17:20 - 17:50

*P.I.I.T*  
 Bianca

#### 18:00 - 18:55

*Pump*  
 Bianca

#### 19:10 - 20:05

*Pilates*  
 Veronika

### Donnerstag , 24.04

#### 08:10 - 09:05

*BodyART International*  
 Veronika

#### 09:15 - 10:10

*BBP (Bauch, Beine, Po) / Bodytone*  
 Brigitte

#### 10:20 - 11:15

*Cycling*  
 Barbara

#### 12:15 - 12:45

*P.I.I.T*  
 Daniela

#### 18:00 - 18:55

*TRX*  
 Anita

#### 19:10 - 20:05

*Cycling*  
 Simone

### Freitag , 25.04

#### 08:45 - 09:40

*Muscle Work*  
 Jenny

#### 09:55 - 10:50

*Rückenfit*  
 Simone

#### 12:15 - 13:10

*Pump Workout*  
 Isabel

#### 17:00 - 17:55

*Yoga*  
 Jenny

### Samstag , 26.04

#### 09:15 - 10:10

*Pilates*  
 Veronika

#### 10:30 - 11:25

*Cycling*  
 Oline

### Sonntag , 27.04

#### 10:00 - 10:55

*Zumba*  
 Nicholay

#### 11:15 - 12:10

*Cycling*  
 Manuel