

**Montag , 03.03**

<b>09:00 - 10:00</b> Zumba Pilar	<b>10:10 - 11:05</b> Stretching Veronika	<b>12:15 - 13:05</b> BBP (Bauch, Beine, Po) / Bodytone Brigitte	<b>18:00 - 18:30</b> Core Training Simone	<b>18:35 - 19:30</b> Functional Workout Simone
--	--	---	---	--

**Dienstag , 04.03**

<b>08:30 - 09:25</b> Pilates Veronika	<b>09:40 - 10:35</b> Fit ab 60 Veronika	<b>12:15 - 13:10</b> Cycling Team	<b>18:00 - 18:55</b> BBP (Bauch, Beine, Po) / Bodytone Veronika	<b>19:10 - 20:05</b> BodyART Veronika
---	---	---	---	---

**Mittwoch , 05.03**

<b>08:20 - 08:50</b> Simply Core Veronika	<b>09:00 - 09:55</b> Pump Workout Jenny	<b>10:10 - 11:05</b> Sicher gehen Brigitte	<b>19:10 - 20:05</b> Pilates Veronika
---	---	--	---

**Donnerstag , 06.03**

<b>08:10 - 09:05</b> BodyART International Veronika	<b>09:15 - 10:10</b> BBP (Bauch, Beine, Po) / Bodytone Brigitte	<b>10:20 - 11:15</b> Cycling Team	<b>12:15 - 12:45</b> P.I.I.T Daniela	<b>18:00 - 18:55</b> TRX Simone	<b>19:10 - 19:05</b> Cycling Team
--	---	---	--	---------------------------------------	---

**Freitag , 07.03**

<b>08:45 - 09:40</b> Pump Workout Jenny	<b>09:55 - 10:50</b> Rückenfit Simone	<b>12:15 - 13:10</b> Pump Workout Simone	<b>17:00 - 17:55</b> Yoga Jenny
---	---	--	---------------------------------------

**Samstag , 08.03**

<b>09:15 - 10:10</b> Pilates Veronika	<b>10:30 - 11:25</b> Cycling Team
---	---

**Sonntag , 09.03**

<b>10:00 - 10:55</b> Zumba Nicholay	<b>11:15 - 12:10</b> Cycling Team
---	---